

## **FREEZE TAG**

### **What You'll Need**

- A group of at least 5 friends... the more friends you have, the more fun you're guaranteed to have!
- Open area to run in (back or front yard)

### **Getting Started**

- Decide who is "it" (the tagger)
- Usually the last person to say "not it" is the tagger.

### **Let's Play**

- Whoever is "it" will chase everyone else until someone is tagged. Once a friend has been tagged, that person must stop running and remain in the position they were in when they were tagged. In other words, they must "freeze."
- You can unfreeze a frozen friend if you are not "it" by tagging them. Another option would be to crawl through the legs of a frozen friend to unfreeze them. How you want to play is up to you.
- The game is played until everyone is frozen.
- The last person to be tagged becomes "it." And then starts another round.
- Continue playing until you reach the state of exhaustion. AND HAVE FUN!!!

